



KIMBERLY MOOD, M.S. OTR/L  
 LICENSED OCCUPATIONAL THERAPIST  
 (803)-577-8701  
 k.mood@carclinatherapysc.com

The following OT screening checklist was compiled to provide an overview of your child's:

- visual motor skills
- fine motor and pre-writing skills
- gross motor skills
- social and organizational skills
- self-care (independence) skills

If you have any concerns for your child's development, contact your OT for a comprehensive assessment.

<b>Visual Motor Skills</b>	<b>Yes, independently</b>	<b>Yes, with some assistance</b>	<b>No, has difficulty</b>
Can your child...			
Draw horizontal, vertical, and diagonal lines?			
Draw simple shapes: circle, square, triangle?			
Cut out a circle and a square?			
Fold a piece of paper in half with edges parallel?			
Search a complex picture to identify specific objects?			
Draw a person?			
Use 6 blocks to build steps and a pyramid?			
<b>Comments:</b>			

<b>Fine Motor &amp; Pre-Writing Skills</b>	<b>Yes, independently</b>	<b>Yes, with some assistance</b>	<b>No, has difficulty</b>
Can your child...			
Use their hands to manipulate clay into a ball, flatten into a pancake, and make a worm?			
Hold a pencil with a functional grasp?			
Use one hand consistently to hold a pencil?			
Automatically use their non-dominant hand to assist with tasks?			
Recognize their own first name?			
<b>Comments:</b>			

<b>Gross Motor Skills</b>	<b>Yes, independently</b>	<b>Yes, with some assistance</b>	<b>No, has difficulty</b>
Can your child...			
Stand on each foot for 10 seconds?			
Stand on each for 10 seconds with their eyes closed?			
Hop on either foot?			
Catch and throw a ball?			
Skip with alternating feet?			
Use a variety of gross motor equipment?			
<b>Comments:</b>			

<b>Social &amp; Organizational Skills</b>	<b>Yes, independently</b>	<b>Yes, with some assistance</b>	<b>No, has difficulty</b>
Can your child...			
Transition smoothly between tasks?			
React appropriately to external noises and distractions?			
Co-operate when performing tasks?			
Follow instructions?			
Complete multi-step tasks?			
Play cooperatively with friends?			
Manage frustrations and avoid tantrums?			
Comments:			

<b>Self Care Skills</b>	<b>Yes, independently</b>	<b>Yes, with some assistance</b>	<b>No, has difficulty</b>
Can your child...			
Wash their face and mouth?			
Dress and undress themselves?			
Manage fastenings: zippers, buttons			
Manage toileting including washing their hands?			
Put on their shoes and socks?			
Take care of their own belongings?			
Comments:			